

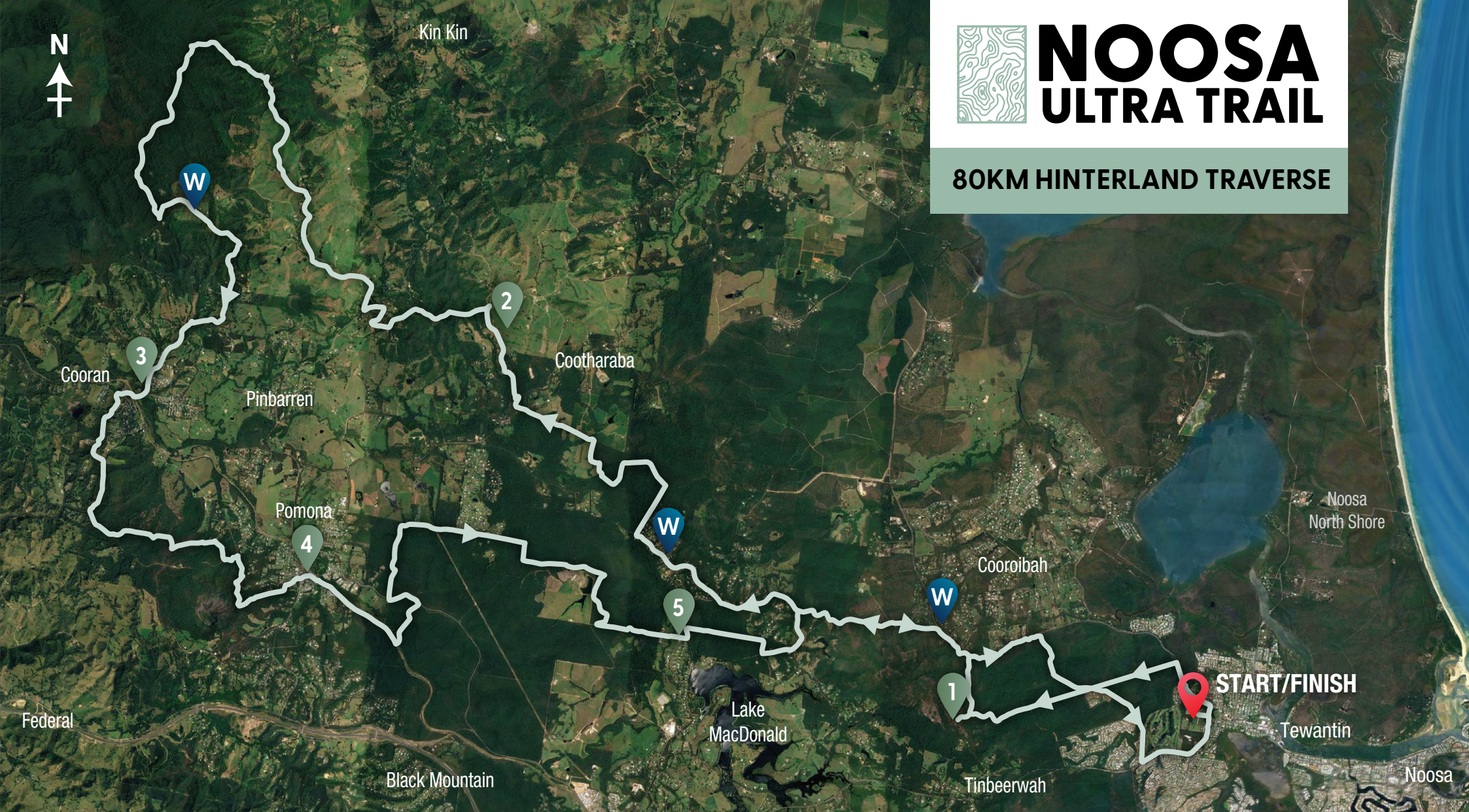


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# NOOSA ULTRA TRAIL

## 80KM HINTERLAND TRAVERSE



### 1 CHECKPOINTS

- 1 - Mt Tinbeerwah 6km
- 2 - Twin Hill Views 23km
- 3 - Cooran 44km
- 4 - Pomona 53km
- 5 - Lake MacDonal 67km

### W WATER

- 1 - 15km
- 2 - 38km
- 3 - 73km

### ELEVATION PROFILE

