



2

Cootharaba



Ringtail Creek

Coorobah



5

Lake
MacDonald

1

START/FINISH

Noosa
North Shore

Tewantin

Noosa



NOOSA ULTRA TRAIL

50KM OUT'N'BACK

Black Mountain

Tinbeerwah

1

CHECKPOINTS

- 1 - Mt Tinbeerwah 6km
- 2 - Twin Hill Views 23km
- 5 - Lake MacDonald 36km



WATER

- 1 - 14km
- 2 - 42km

ELEVATION PROFILE

